



YARAN  
TEJARAT  
HOUMAN

HEALTHY & FRESH

# Pistachio







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# Pistachio

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Iranian pistachio nuts is an important member of fixed potassium content with the small size of oranges potassium and because of nutrients is very important. Kerman province and the city of rafsanjan pistachio in iran are considered the main centers of production.

Pistachio can be eaten fresh and raw as well as dried fruit, to get a better taste of the fruit with water and salt roasted salted pistachios have to prepare.

Iranian pistachio is produced in four types:  
Fandoghi, Kallequchi, Akbari and Ahmadaghaei

## **Pistachio virtues:**

For peace of heart and calm the nerves useful. It is recommended to open channels of liver and pistachio consumption

Iron pistachios due to hematopoietic and those who are anemic should eat daily pistachios

Pistachio strengthens the stomach to relieve cough is typical diarrhea and dysentery cure





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## Long Iranian Pistachio (Ahmad Aghaei)

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This shape of Pistachio is called as AHMAD AGHAEI, that is one of the LONG Type. The most common character to identify this type is that the shape is long but the size of their lengths are different

- Type: Ahmad Aghaei
- Style: Natural – Closed – Mechanically Opened
- Size: 30-28 / 24-26 / 22-4
- Place of origin: Iran



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# Long Iranian Pistachio (Akbari)

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This shape of Pistachio is called as AKBARI, that is one of the LONG type, the most common character to identify this type is that the height of head and end of pistachios are near to be same.

- **Type:** Akbari
- **Style:** Natural – Closed – Mechanically Opened
- **Size:** 22-24 / 20-22 / 18-20
- **Place of origin:** Iran





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## Round Pistachio (Fandoghi)

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This cultivar is the most widely available pistachio variety and grows in most pistachio growing area in Iran. Fandoghi is of round type and has the lowest shape index among the four cultivars. In recent years, around 50% of Iranian production is of the Fandoghi type.

- Type: Fandoghi
- Style: Natural – Closed – Mechanically Opened
- Size: 36-34 / 30-32 / 28-30
- Place of origin: Iran





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# Jumbo Iranian Pistachio (Kallequchi)

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This shape of pistachio is called as KALLEQGHACHI, that is the Jumbo type. The most common character to identify this type is the shape of pistachios is rather fat and (in comparing with round) is rather long, this is why called as Jumbo.

- **Type: Kallequchi**
- **Style: Natural – Closed – Mechanically Opened**
- **Size: 24-26 / 22-24 / 20-22**
- **Place of origin: Iran**





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# Kernel Iranian Pistachio

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This type of pistachio has totally green color which is used in food industrial. Commonly use to color and flavor the ice cream, chocolate or cake.





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## Contact Info.

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